

# What I WISH I Knew Before Going Into A Sex Shop

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When your next to a towering wall of dildos, whips and vibrators for your first time it can definitely be intimidating or awkward.

Here are **three things** to keep in mind if it's your first time in a sex shop.

**If you can, ask someone you trust for what they would recommend getting.**

Not every person will be very helpful but if you pick the right person it can be another fun shopping experience! My first time in a sex shop was after my first breakup, with my MOM. This sounds mortifying, but she was the most open minded and understanding person to introduce me to this new world of silicones and other shapely plastics.

If you don't feel comfortable going with someone the staff are their to help you without judgement!



#1

**It's okay to not know what things are!** Sure, going shopping after doing a little research can help to find something that peaks your interest quicker, but it's not necessary. It's okay to mistake flavored lube for candy or think a toy goes in an unintended spot. The staff are trained to help guide you towards items you or a partner may prefer but as Ryan McConnell emphasizes in [Vanguard](#) as a staff member "It's important to emphasize communication."

Try your best to communicate what you think you're looking for: vibrating, dildos, toys for homosexual, straight, or non gendered partners! Etc., etc.



#2

**Be Curious instead of scared or judgmental.** Everyone is going to have a different idea of what an adult store entails. For some it's an average Tuesday shopping, for others it's a whole world of the unknown.

My first time in a shop I was beet red, in the corner of the store with my eyes fixed mostly on the bridal shower gifts. My mum and I still laugh about this because she never encouraged being lewd, rather, she emphasized the importance of knowing how to take care of yourself even without a partner.

A big thing I realized after my first time gawking at things such as the purple plastic tentacles, or the small buzzing cock rings was that different things please different people. As long as it's safe and consensual there's no harm in exploring new things.



#3

I'm by no means promoting any particular sex shops. Instead I'm encouraging SELF EXPLORATION.

Exploring the expansive options of toys can help make YOU learn your sexual preferences better!

From my experience learning more about sexual options such as toys, lubricants and more has helped me feel liberated in my sensuality. Sex shops are sex positive spaces that I greatly encourage you to take a look for yourself either in person or online.